
T2 Movement Prediction Based On EEG Signals with HMMs

Abstract

1 EEG signals are a useful tool for classifying various brain activities. Former
2 studies have been conducted to use EEG data to classify subjects into physical
3 states such as "movement" or "rest" and have been very successful at doing so.
4 Such classification is applicable to various technologies such as artificial limbs
5 and alternative human-computer interfaces. Responsiveness is a vital aspect of
6 these technologies, and thus there is a need for more than just classification but
7 for prediction. In this study we explore the use of Hidden Markov Models in
8 combination with Electroencephalography (EEG) data to produce a system capable
9 of performing prediction of limb movement.

10 1 Introduction

11 Brain-Computer Interface (BCI) systems are emerging technologies which infer commands from
12 a users brain wave, by placing electrodes on key points of the head. As a non-intrusive method of
13 human-computer interaction, they appeal to persons that may suffer from certain disabilities. In
14 particular, they offer a machine control mechanism which does not requires the use of limbs or fine
15 motor skills.

16 The inspiration for this problem is the work done by Gudino-Mendoza and Antelis [4] as they come to
17 the conclusion that movement intention can be detected up to 1.5 seconds before movement execution.

18 Electroencephalograms are a key and fundamental tool in today's medicine for performing various
19 disease diagnoses and real-time monitoring of patient's heart conditions. These signals can also be
20 used to map various brain activities while performing physical or mental tasks.

21 1.1 Hidden Markov Model (HMM)

22 A Hidden Markov Model is a graphical model which is used to model phenomena in which different
23 states of the model will produce different outcome distributions, but the state is hidden from the
24 observer. For example consider the idiomatic casino example, in which there are two visually identical
25 dice, one of which is biased, and the other is not. Given a series of dice rolls, the observer must
26 guess which dice was used to make these rolls. For each iteration there is a chance that the roller has
27 transitioned to the other die. In this case, the dice states are hidden from the observer and the dice
28 rolls are the observable values. Natural questions arise such as can the observer conclude how many
29 states there are? Can the observer compute the most likely sequence of hidden states based on his
30 observations?

31 The motivation behind choosing to use a graphical model such as a HMM over more traditional
32 Machine Learning techniques is the temporal information utilized by the transition matrix. Consider
33 classifying a single time-step of a subject as rest or movement based on their EEG output, this is
34 certainly possible, but consider that now you are also aware that in the subjects previous time-step
35 they were in rest. They are now much more likely to be in rest at this moment as well. Indeed the
36 transition matrix of an HMM translates nicely to the transitional nature of physical movement.

37 There are three basic problems in regards to HMMs [1] (i) Given a series of observations and a
38 specified HMM, compute the probability of observing that sequence given the parameters of your
39 HMM. (ii) Given a series of observations and an HMM, compute the highest likelihood state sequence
40 that will have generated the observations. (iii) Given a series of observations, adjust the parameters
41 of your model to better fit the observations (Learning).

42 In experiment 1 we train different HMM's for rest, intention, left-arm and right arm movement and
43 use (i) to choose the HMM which most likely produce the given observations. In experiment 2 we
44 train a single HMM and use (ii) to classify the most likely state sequence given the observations,
45 where the states are explicitly defined as rest, movement, and intention. In both cases we are using
46 (iii) to generate out models from the data.

47 1.2 The Task

48 Current work has confirmed the ability to identify, using EEG signals, when a subject transitions
49 from rest to movement[4]. Our task is to further this technology by introducing a third state, intention,
50 that directly precedes movement, and build a model that can accurately identify this state. We do this
51 by introducing an artificial label in our trial data, that is the intention label. Time-steps preceding the
52 initiation of movement by a fixed intention length window are declared as intention.

53 For experiment one the learning task is to produce multiple models, one for each physical state.
54 For example we wish to generate a rest HMM which represents the transitional and observational
55 tendencies of rest, and a similar model for intention, left and right arm movement. Then, classification
56 becomes selecting the model which produces the highest likelihood of generating the observations at
57 a segment of each trial. Thus the performance task is classifying segments in the signal correctly.

58 For experiment two the learning task is to produce a single HMM with precisely four hidden states,
59 one for rest, intention, left and right arm movement. Then, given a trial, the HMM will output
60 the most likely sequence of hidden states which would produce such observations. In this case we
61 are evaluating accuracy over the entire trial, considering for every window whether the HMM has
62 correctly classified the hidden state.

63 1.3 Related Work

64 In similar work, significant event-related de-synchronization was found in the motor-related alpha
65 and beta frequency bands in the moments preceding movement[4]. Implies were that intention can be
66 detected approximately 1.5s before movement execution onset. This result could be used in real time
67 to trigger an assistant device for active motor rehabilitation therapy. Intention was detected in 78% of
68 trials. This work was done using an SVM classification.

69 In relevant studies [6] the majority of tasks have been experimenting with methods for classifications
70 and extraction of Motor Imagery. Motor Imagery corresponds to the mental state of an individual
71 while performing an action. Feature selection for classification of EEG signals can be achieved
72 with strong results. In this experiment we go beyond classifications to create a system capable of
73 predicting movement intention of a person based on signal readings from a EEG input.

74 2 The Study

75 Both experiments we conducted are based on
76 the same data source from a single study and a
77 set of open source tools for Matlab.

78 2.1 Observations

79 The data we used is the same data-set used in
80 [4]. It consists of 18 subjects with 96 trials each.
81 A single trial consists of a subject sitting com-
82 fortably on a chair with their arms resting. A
83 screen was placed in front of them and offers
84 visual cues to guide them through the experi-

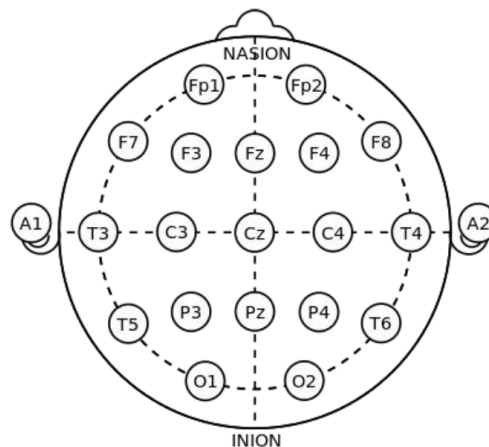


Figure 1: EEG Electrode Placement

85 ment. The first cue showed the text 'relax' for
 86 three seconds, and participants were asked to
 87 not imagine or execute any movement at this
 88 time. The second cue showed an arrow pointing
 89 either left or right. The second cue lasts 12 sec-
 90 onds and participants were asked to move the
 91 corresponding arm towards the middle of the
 92 screen, not immediately, but any time they feel like it after 5 seconds without counting in their head.
 93 Immediately after moving, participants return their arm to the chair and a 'rest' cue is shown on the
 94 screen (See Figure 2). Participants were all able-bodied right-handed subjects without diagnosis of
 95 neurological nor motor disease.

96 2.2 The Data

97 During the trials, EEG signals were recorded
 98 using 21 electrodes, positioned according to the
 99 10/10 international electrode location system.
 100 Trials were trimmed from the presentation of
 101 the first cue to the presentation of the third cue.
 102 The timeline of a trial is then remapped such that
 103 movement begins at time $t = 0$ and the intention
 104 phase is 1.5 seconds preceding movement. That
 105 is the intention phase consists of time $t \in [-1.5, 0]$ and the rest phase consists of time $t < -1.5$ (see
 106 figure 3).

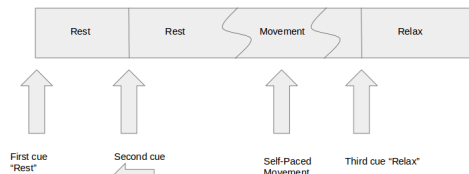


Figure 2: Initial Trial Data

107 After the performed pre-processing, the data we are working with is 18 subjects, 96 trials each and 9
 108 electrodes of interest, that is F3, F4, Fz, C3, C4, Cz, P3, P4 and Pz. This results in 9 input signals for
 109 each trial, sampled at 256 Hz.

110 2.3 The Tools

111 For the programming segments of the exper-
 112 iments we resourced an open source library
 113 PMTK3[9] for use with Matlab to perform our
 114 tasks.

115 The library has a vast set of tools including de-
 116 cent support for latent variable models such as
 117 Hidden Markov Networks. For HMMs specifi-
 118 cally inference was performed by using the
 119 forward-backward algorithm to compute pos-
 120 terior marginals of all hidden state variables.

121 For sequence prediction, the Viterbi algorithm
 122 was used to predict the most likely sequence of
 123 hidden states given a set of observed data.

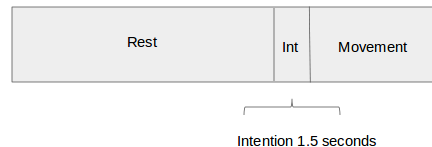


Figure 3: Cropped And Labeled Data

124 3 Experiment One - Multiple HMM's

125 3.1 The Motivation

126 In experiment one we utilize an HMM's ability to give the probability of producing a particular
 127 sequence of observations given the model parameters. The idea is to train a separate HMM for each
 128 segment of trials i.e. rest, intention, left-arm, right-arm and one for general movement. Then, in
 129 classification, given a series of observations with hidden labels, we can compute the likelihood for
 130 each HMM to produce such a sequence and choose the model which produces the highest likelihood.
 131 The movement HMM is not used in our general classification, but for a separate statistic, evaluating
 132 its performance solely against the rest HMM.

133 To be more precise, suppose we are testing the accuracy of our models on a test trial. We take
 134 a single window of observations and compute the likelihood of that sequence being produced by

135 the rest, intention, left-arm and right-arm HMMs. If the window is from the rest phase of a trial,
136 and the likelihood produced by the rest HMM is the highest, then our models have produced a
137 correct classification. In the case of the movement HMM, during a movement phase, we take the
138 log-likelihood of both the movement and rest HMM, and in the case that the movement HMM is more
139 likely, we classify that as a success. Therefore, the movement HMM is only involved in evaluating
140 false negatives.

141 3.2 Windowing

142 Classification of a sequence of observations is done by comparing the likelihoods for each model
143 to produce such a sequence. This raises the question, what is the optimal observation sequence
144 length? At one extreme, we have the entire trial as the window, which incorrectly groups all states
145 between which we are trying to discriminate. At the other extreme, classifying a single observation at
146 a single time-step does not make sense as it disregards all transitional information. Hence, the optimal
147 sequence length is somewhere within the range of $[1, n]$ where n is the number of observations in a
148 given trial. We refer to this length as the window size. An optimal window size is not known and is
149 thus another hyperparameter in our experiment that we investigate over a range. The range is softly
150 related to the sample frequency (256 Hz), and the brain frequencies of interest (5-40), as a window
151 must be long enough to sample multiple periods of any of these frequencies. Another consideration
152 in choosing a window size that is the length of the defined intention window before movement, as the
153 intention segment should consist of multiple windows.

154 3.3 Hidden States

155 Since we are using a separate HMM for each physical state, we are making the assumption that
156 there are hidden states within each of them. It is possible, as an example, that left arm movement
157 is composed of 3 phases, *Acceleration*, *Stop*, and *Deceleration*. These states are not observed, nor
158 do we have labels for them and as such, we vary the number of hidden states as a parameter in our
159 experiment to optimize our results.

160 3.4 Process

161 3.4.1 HMM Training

162 EEG signals are unique to each person, therefore we are unable to train one HMM for each patient
163 using all of their data. Thus for each subject, a new experiment is performed. For each subject we
164 have 96 trials, and randomly split the data into 80% (76) training data and 20% (20) test data. For
165 each trial in the training data, we split it further into rest, intent, left-arm, right-arm, and movement
166 (both left and right arm) blocks. Thus we were left with 76 sequences of movement, rest, intent, and
167 36 sequences of left-arm and right-arm movement for training. The test data remains intact as 20
168 trials with rest, intent, and single arm movement.

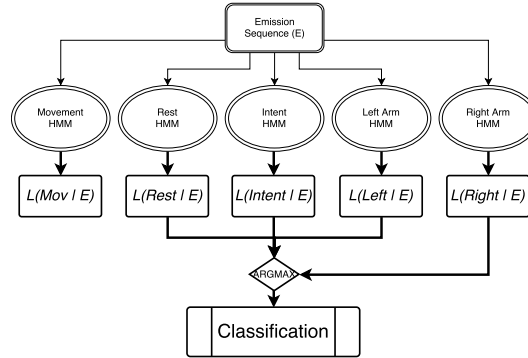
169 In order to train each HMM, we feed it the raw EEG training sequences to which it corresponds. For
170 example, the left-arm HMM received the 36 sequences of left arm movement, and the movement
171 HMM received both the left-arm and right arm sequences. The HMMs were trained using PMTK3's
172 *hmmFit* function which takes in all of the training trials, the number of states (which we varied) and
173 the type of HMM, in our case Gaussian, and applies the training data to the *Expectation Maximization*
174 algorithm to best fit the data.

175 3.4.2 Evaluation

176 As mentioned, since each person's brain signal is unique, we performed the experiment for each
177 patient. We grouped the results by taking the average. That is, for each of the 18 patients we trained
178 separate HMMs, recorded the accuracy for each HMM and took the average. Every patient had 20
179 test trials, which we split up into rest, intent and movement sections. We classified rest sections as
180 any pre-movement sequence, intent sections as the windows before movement within the intention
181 length parameter, and left or right arm movement based on the labels. At each window, we take the
182 log-likelihood from the *Rest*, *Intent*, *Left-Arm* and *Right-Arm HMM* using PMTK3's *hmmLogProb*
183 function, and our classification is the HMM with the highest likelihood (See Figure 4). Therefore

184 at chance, we would expect 25% accuracy and in the case of the *Movement HMM*, since we only
 185 measured false negatives at chance we would expect 50% accuracy.

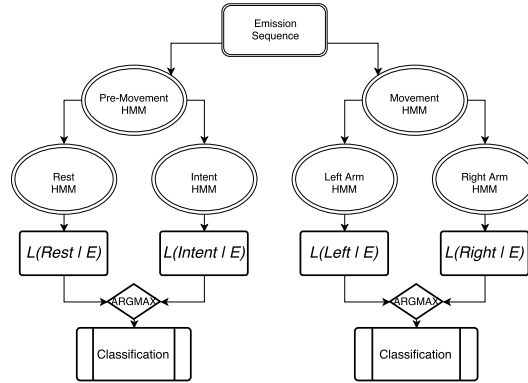
Figure 4: Five Separate HMMs



186 3.4.3 Modification

187 Using the same training methodology, we tried to put the HMMs in a hierarchy (See Figure 5). Under
 188 the assumption that the biggest difference in brain signals is between pre-movement and movement,
 189 we used the rest HMM and movement HMM to classify a signal. If the signal was deemed to be rest,
 190 we compared rest against intent and made taking the $argmax(intent, rest)$ as the classification. On the
 191 other hand, if the signal was deemed to be movement, our classification was the $argmax(left-arm,$
 192 $right-arm)$.

Figure 5: HMM Hierarchy



193 3.5 Results

194 3.5.1 Iteration One

In the original iteration of the experiment, we varied the number of hidden states n , intent length L and window size w within

$$n \in \{2, 3, 4\}, L \in \{32, 64, 128\}, w \in \{16, 32, 64, 128\}$$

195 with the added constraint that window size must be smaller than intent size. In this case, the window
 196 size and intention length are in the number of time-steps, sampled at $256Hz$, thus an intention length
 197 of 64 is equivalent to $\frac{64}{256} = \frac{1}{4}$ seconds. The results are shown below as the highest average accuracy,
 198 found with $n = 3, L = 128, w = 64$.

Rest	Intent	Left Arm	Right Arm	Movement
66.4%	47.28 %	37.05 %	81.23 %	52.15 %

200 We believe that the most striking result of our experiment is the difference between right arm and
 201 left arm accuracy. Though we are unsure of the true cause, it is possible that the handedness of
 202 the participant plays an important role in this outcome - especially since all of our participants are
 203 right-handed. It is important to reiterate that our assignment of left and right arm is arbitrary and
 204 could potentially be that left-arm accuracy was 81.23 %.

205 In this case, the movement accuracy is solely compared against rest, and thus with an accuracy of
 206 52%, it is at the chance level. It is most likely that our model did not capture the proper distinctions
 207 between movement and rest, and it would be wise to further investigate this before claiming that brain
 208 signals from individual arm movements differ drastically. Because 52 % accuracy was not the best
 209 accuracy on movement we achieved, we thought it would still be worthwhile running the modified
 210 experiment to see if we would achieve better results.

211 On the other hand, the rest result of 66.4% is significantly above the chance level. It is possible that
 212 because the rest section had by far the most data, the Gaussian distributions had tighter curves and
 213 produced better log-likelihoods as a result. This could be verified by adapting the data-set to have
 214 equal length movement and rest sections.

215 3.5.2 Iteration Two

In the modified iteration of the experiment, keeping the same restrictions and format as before, we fixed hidden states n , intent length L and window size w within

$$n = 3, L \in \{64, 128, 256, 512\}, w \in \{64, 128\}$$

216 We found that the best average results were found with $n = 3, L = 512, w = 64$.

	Rest	Intent	Left Arm	Right Arm	Movement
217	70.74%	22.53 %	32.43 %	63.65 %	50.29 %

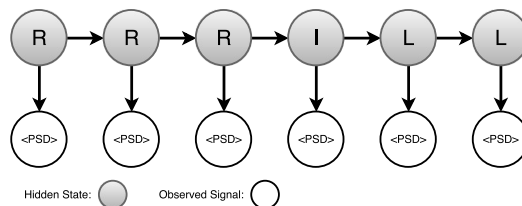
218 We see a lot of the same patterns here, such as approximately two thirds accuracy for rest, ap-
 219 proximately double accuracy for right-arm over left arm, and chance accuracy for movement. The
 220 important distinction is that intention accuracy significantly drops, and below chance. It would then
 221 follow that intention is either not measurable in this method, or that intention waves are very different
 222 from rest waves, and should not be classified within the pre-movement hierarchy. With the movement
 223 HMM inability to classify movement data, we believe that under our current model, movement
 224 patterns should not be grouped together, and have significant enough differences to warrant separate
 225 HMMs or new models.

226 4 Experiment 2

227 4.1 The Motivation

228 In Experiment two we utilize the Viterbi algorithm for determining the most likely sequence of hidden
 229 states given a sequence of windows. Unlike experiment one, we construct a single HMM for which
 230 we define the number of hidden states to precisely match the number of physical states that we are
 231 classifying, which are, rest, intention, left and right arm movement. The idea is that states are more
 232 homogeneous than experiment one assumed, and it would be better to use the temporal information
 233 of the state transitions to analyze a trial.

Figure 6: HMM Sequence



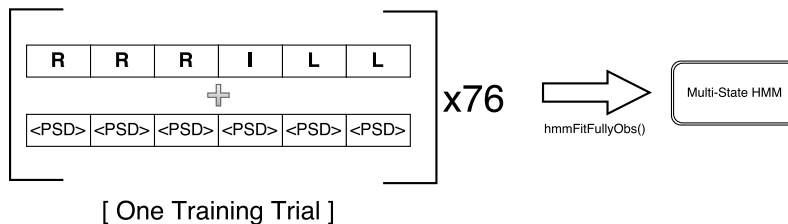
234 **4.2 FFT/PSD/Data Processing**

235 In experiment two we transform data from the time domain to the frequency domain using Fast
 236 Fourier Transform. We take the approximately 1700 time steps, each of which has 9 values of the
 237 observed brain signals, and split them into windows like we did in experiment one. We take each
 238 window and use a *pwelch* transformation to get the component waves at each of the 9 electrodes, in
 239 the range of 6-40Hz, giving us 315 frequency values for each window to use as a feature vector.

240 **4.3 Learning**

241 Learning an HMM is the process of adjusting the model parameters to better the represent observation
 242 sequences. This raises an interesting observation in the format of our data. Since each trial is
 243 guaranteed to begin in the rest state, we can fix the initial distribution vector to match this property.
 244 Similarly, the state transitions are known to a certain extent, since in a trial we know that states can
 245 only either transition to themselves or transition from rest to intention, and intention to movement.
 246 We can leverage this prior knowledge in order to give a greater foundation for our model to learn an
 247 accurate emission matrix. To learn the HMM, we give PMTK3's *hmmFitFullyObs* a sequence of full
 248 trials, along with labels, which returns a trained HMM (See Figure 7).

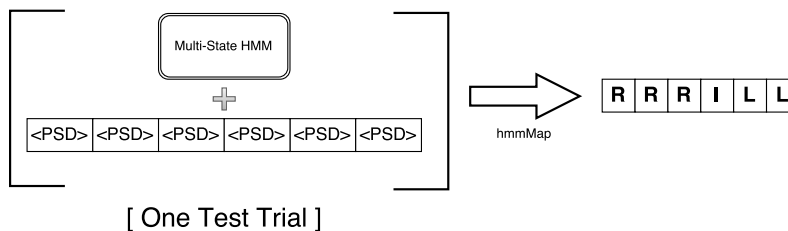
Figure 7: Train Fully Observed HMM



249 **4.4 Evaluation**

250 For classification we input an entire trial of observations, and our HMM into the Viterbi algorithm,
 251 know as *hmmMap* in PMTK3, which outputs the most likely sequence of states to match the trial (See
 252 Figure 8). For each observation, we will then know the most likely hidden state that our model will
 253 have been in at that time. Classification can then be a ratio of correct guesses to number of windows.

Figure 8: Classify Test Sequence

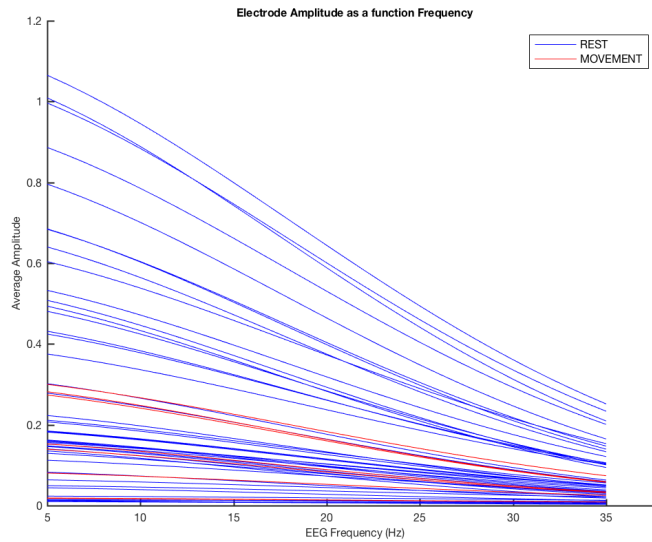


254 **4.5 Results**

255 We encountered a problem when we tried to use *hmmMap* to get the most likely set of states -
 256 it predicted sequences of full rest. We learned because our feature vector was so large, the log-
 257 probability of transitioning was *-Inf*, and as we started in the rest state, the HMM predicted it would
 258 remain in rest. Unfortunately, reducing the size of the feature vector by averaging the amplitudes
 259 across electrodes, did not improve the probabilities, and our results stayed the same.

260 Figure 9. shows that when you analyze the average the amplitudes over a window for each frequency
 261 and compare the results between rest and movement, we see a possible explanation for the behavior.
 262 Notice that the movement frequencies have enormous overlap with the rest frequencies, and thus it is
 263 possible that our HMM cannot sufficiently distinguish between the two signals.

Figure 9: Average Amplitude across Windows for Electrode 1



264 5 Conclusion and Future Work

265 In this paper we have discussed how we used Hidden Markov Models to analyze Electroencephalog-
266 raphy data for patients moving their right and left arms. By keeping the data in the time domain and
267 using multiple HMMs with unknown states we achieved moderate results distinguishing rest and
268 right-arm movement. We also attempted to use a single HMM with fully observed, transformed data
269 to capture the temporal properties of the sequences. Though conceptually it appeared to be a more
270 effective strategy, we were unable to achieve any meaningful results which we believe was due to
271 overlaps in the data combined with a strict transition matrix.

272 In the future, experiment one could be further modified by increasing the amount of movement data,
273 and trying similar strategies with in the frequency domain rather than time. By adding more transitions
274 between rest and movement in the trials, it is possible that our transition matrix in experiment two
275 would have been better suited to handle subtle differences. Further, if we had more transitions it is
276 likely that learning transition signals between phases would be better represented, and more feasible
277 to model the intent window as a longer sequence.

278 Finally, our results indicating a difference between classification accuracy of left and right arms
279 which implies the need for further examination.

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